



*The benchmark in
positive approaches to
behaviour support*

Introduction to Positive Behaviour Support (Positive Approaches to Challenging Behaviour)

Course at a glance

Course level	Foundation
Course duration	1 Day (9:15 am – 4:30 pm)
Course requirements	No pre requirements
Delivery type	Open or Closed
Cost	Open course: £90 + VAT per person Closed Course: £650 + VAT + trainer expenses; minimum 6 delegates, maximum 15
Venue	Open course: PRICE Training to provide Closed Course: Commissioning organisation to provide

Who are these courses aimed at?

Our one day **Introduction to Positive Behaviour Support (PBS)** course for Health & Social Care Professionals and Carers is tailored to those who support children, young people or adults with mental health difficulties and/or learning disabilities in supported environments, including at home.

Learning Outcomes

Upon course completion, participants will:

- Understand how to support individuals utilising a PBS approach.
- Be encouraged and enabled to create high quality care and support environments.
- Have a greater understanding of the nature and use of PBS.
- Be able to assist in the functional, contextual and skill based assessment.
- Understand how to develop and implement a Behavioural Support Plan (PBS).

Knowledge

Participants will develop a knowledge base from the following topics:

- Defining Positive Behaviour Support within a person-centred value base
- Understanding Behaviour (ABC Charting)
- Barriers to Communication
- Behavioural Assessment and Analysis
- Motivators (Maslow's Hierarchy of Needs)
- Positive Behaviour Support planning
- Primary and Proactive Strategies
- Stages of an Incident (Cycle of Arousal)

Skills

Participants will learn a range of skills from the following topics:

- Assessment of Behaviour
- Primary Prevention (Antecedent Strategies)
- Secondary prevention
- Reactive Strategies
- Restoring the Environment
- Reducing Restrictive Practices

To obtain more detailed information about the above courses, please contact

priceadmin@signisgroup.com

or telephone 01568 619390

Or go online at www.pricetraining.co.uk