



*The benchmark in
positive approaches to
behaviour support*

Positive Approaches to Living with Dementia

Course at a glance

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| Course level | Intermediate |
| Course duration | 1 or 2 Days (9:15 am – 4:30 pm) |
| Course requirements | No prior learning required |
| Delivery type | Open or closed |
| Venue | Closed course: Commissioning organisation to provide Open course: PRICE Training to provide |
| Cost – 1 day course | Open course: £70 + VAT per person Closed course: £850 + VAT per day, maximum 25 delegates |
| Cost – 2 day course | Open course: £90 + VAT per person per day Closed course: £850 + VAT per day, maximum 15 delegates |

Who are these courses aimed at?

Our **Positive Approaches to Living with Dementia** (1 or 2 Day) course for carers is tailored to carers who support adults with Dementia who may also have other mental health difficulties and/or learning disabilities.

The 1 day course primarily focuses on the theory around Defusion and De-escalation, providing participants with a sound understanding of ways in which to support those presenting challenging behaviour, including an awareness of the effective use of space, proximity and touch.

The 2 day course includes the theory covered in our 1 day course and also equips carers with a range of breakaway and holding techniques (in the context of the legal framework), to support those presenting challenging behaviour.

Learning Outcomes

- Develop an awareness of the complexities that surround Dementia including what Dementia is, why it happens and the types of Dementia.
- To understand how the brain and memory are affected during the stages of Dementia.
- Understand the needs of people being supported and reasons for the behaviour change and patterns both prior to, and during episodes of behaviour escalation.
- Be able to identify and make consistent responses in supporting people that experience Dementia and to respond sensitively to challenging behaviours presented by people being supported.
- To understand and apply the concept of Positive Behaviour Support by identifying the individual needs of a person who has Dementia (including any additional mental health and or learning disabilities).
- Have an awareness of medical, gender and cultural issues in relation to developing individual support plans.
- Understand the functions of behaviour.
- Understand personal responses to situations involving confusion, conflict, aggression and violence.
- Develop a range of de-escalation and defusion techniques appropriate to context.
- Develop an awareness of the importance of promoting the dignity, choice and inclusion of people being supported through individualised behaviour planning.
- Recognise the importance of promoting a consistent team work approach in responding to the needs of people being supported.

2 day course only:

- Be familiar with current legislation and safeguarding procedural frameworks.
- Develop an understanding of the importance of Reducing Restrictive Practices.
- Be skilled and competent in an appropriate range of Breakaway techniques and (where appropriate) 1 or 2 person holds.
- Have explored the risks surrounding and associated with Restrictive Physical Intervention.
- Have skills and strategies for restoring the environment post-incident.

Knowledge

Participants will develop a knowledge base from the following topics:

- What dementia is, the types and how this affects the brain and day to day living
- Value and Ethics
- Understanding Behaviour
- Behavioural Assessment and Analysis
- Barriers to Communication
- Stages of an Incident (Cycle of Arousal)
- Legal obligations in relation to Safeguarding, Mental capacity and Deprivation of Liberty (Day 2 only)

Skills

Participants will learn a range of skills from the following topics:

- Recognise the signs of Dementia and how this impacts of people's lives
- Primary Prevention (Antecedent Strategies)
- Secondary prevention
- Reactive Strategies
- Functional Analysis
- Positive Behaviour Support planning
- Restoring the Environment (Day 2 only)
- Reducing Restrictive Practices (Day 2 only)

To obtain more detailed information about the above courses, please contact

priceadmin@signisgroup.com

or telephone 01568 619390

Or go online at www.pricetraining.co.uk